



# Complementary Skills Development for Cyber Investigators and Cyber Security Professionals



# Introduction

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**This programme is for Cyber Investigators and Cyber Security Professionals who are looking to add to their professional development portfolio by investing in the development of their interpersonal or 'soft skills'.**

## **Aim**

The programme aims to provide cyber investigators and cyber security professionals with an opportunity to enhance their interpersonal knowledge and skills. Being a technical expert in your own field is paramount of course, but to be effective within an organisation, it is also crucial that people develop what might be termed 'soft skills' or 'people skills', understanding others, being self-aware and making sense of their organisational context.

## **Duration**

5 x 3.5 hour online sessions over three months.

## **Style**

This programme is applied and delivered online, live, and very much in-the-moment, over the course of 5 sessions, each one 3.5 hours long. The numbers attending the programme will allow for rich group discussions (large and small), and this also means that there is opportunity to grow your own professional network. There is a mix of knowledge sharing and interactivity, with delegates being supported and encouraged to apply the programme contents to their own role.

Delegates will complete and receive personal feedback on;

- BeTalent Decision Making Styles Assessment tool
- BeTalent Resilience Assessment tool

# Session Topics

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## 1. Managing and Understanding Change and Culture at Work

By the end of this session, delegates will be able to;

- Describe best practice for managing organisational and culture change
- Understand how change impacts on the individual and teams
- Describe organisational change frameworks

## 2. Communication and Influencing

By the end of this session, delegates will be able to;

- Understand and describe the different ways people influence and negotiate in the workplace
- Understand their own preferred style of influencing and negotiating
- Communicate and deliver messages and ideas with more confidence

## 3. Effective Decision-making

By the end of this session, delegates will be able to;

- Describe and understand their own preferred decision-making style and the implications this has for their current role.
- Identify the potential short-cuts and decision-making biases that naturally occur in organisations.
- Describe how people make decisions in an organisational setting

## 4. Teamworking

By the end of this session, delegates will be able to;

- Describe the components of excellent team-working
- Understand their own strengths and preferences as a team member
- Describe how work teams develop and different team models and approaches

## 5. Personal Resilience and Managing Stressful Situations

By the end of this session, delegates will be able to;

- Describe the difference and link between stress and personal resilience
- Understand their own tendencies when responding to stressful situations
- Identify what personal actions can be taken to enhance personal resilience and minimise the impact of organisational stress

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### **Programme take-aways includes:**

- Supporting materials
- Certificate of Attendance
- Personal action plan for personal development, supported by the sessions and 1-1 individual action and solution focused session (remote) with programme lead, which will include individual feedback and discussion on the Decision-Making styles and Personal Resilience assessments
- A personal Decision-Making Styles profile
- A personal Resilience profile

### **Who is your Facilitator?**

Your programme lead, **Carol Brooks BSc Psychology, MSc Organisational Psychology, GMBPsS, Cyber and Business Psychologist** is an experienced Cyber and Business Psychologist, whose practice is underpinned by the Code of Ethics and Conduct as laid down by the British Psychological Society.

### **How to reserve a place**

You can reserve a place by emailing a request to [info@platinum3p.co.uk](mailto:info@platinum3p.co.uk)

### **What's the cost?**

£2280 (inclusive of VAT)

The five sessions will be run over a three month period.

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